

PHASE 3 JB GYM/POOL HOURS

Gym Hours:	Monday	7:30 – 11:30 a.m.; 7:00 – 7:45p.m.
	Tuesday	7:30 – 11:30 a.m.
	Wednesday	7:30 – 11:30 a.m.; 7:00 – 7:45 p.m.
	Thursday	7:30 – 11:30 a.m.
	Friday	7:30 – 11:30 a.m.; 7:00 – 7:45 p.m.
	Saturday	8:15 – 9:30 a.m.



Pool Hours:

Monday	8:00 – 10:00 a.m.; 4:00 – 5:00 p.m.
Tuesday	2:15 – 3:15 p.m.
Wednesday	8:00 – 10:00 a.m.
Thursday	8:00 – 10:00 a.m.; 2:15 – 3:15 p.m.
Friday	8:00 – 10:00 a.m.

Yoga: On the Theater Stage: Tuesday 8:00 a.m. – 9:15 a.m.

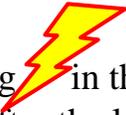


Bowling Hours:

Monday thru Friday
9:00 – 11:30 a.m.

If you have any questions whether the pool or gym is open, please call

314-894-6644

- If there is lightning  in the area, we will close the pool. We will not get back into the pool until 30 minutes after the last lightning.
- If the heat index is 90 degrees or higher, facilities will be closed.

Recreation Therapy

Revised SEPT 2019