

# “SADDLE UP”

## EQUINE ASSISTED THERAPY



**1<sup>ST</sup> and 3<sup>RD</sup> Tuesdays**  
**10:00 a.m. – 11:00 a.m.**  
**AUGUST through OCTOBER, 2019**

**Location:** The area outside of the Billiards Room, behind Building 61..

### **How Do I Participate?**

If you are actively seeing a Therapist (have an appointment for PT/OT/Speech/RT), talk to your therapist about your interest in participating. They will work with you on setting goals.

If you are **not** actively seeing a Therapist (PT/OT/Speech/RT), you will need to have an RT Leisure Education Skill Development Consult that specifies:  
**EQUINE ASSISTED THERAPY.**