

Occupational Therapy

Occupational Therapy, what is it? Despite the sound of it, we don't find people jobs.



Occupational Therapists (OT) help people to accomplish daily living tasks such as eating, grooming, bathing, dressing, toileting, homemaking, and communication. The two occupational therapists at the Spinal Cord Injury/Dysfunction Service work in a variety of settings and with clients of varying needs.

We encourage independence as a state of mind. We try to assure patients and their significant others that people with disabilities can remain in control of their lives, even when physically unable

to complete certain tasks. We recognize that each patient is unique, with different capabilities.

OT goals are accomplished through upper body exercise and activity, self care training, the use of adaptive or modified equipment, home evaluation and modification, community re-entry experiences, and education. Upon completion of initial rehabilitation, patients will have acquired the knowledge, equipment, and skills to function at their maximal potential in the areas of self care.



An exciting facet of OT is known as Assistive Technology (AT). One AT focus relies on computers and the internet to foster independence and access with the goal of maximizing participation in the workforce and worlds of leisure and communication. These goals can be reached with the help of voice activation software, specialized computer mice and keyboards, or simple environmental modifications.

Some patients with high cervical injuries benefit from Environment Control Units (ECU). Through the use of a sip-and-puff switch or voice activation, the individual can control lights, electric hospital bed, telephone, television, and electric door openers. The

possibilities increase as technology continues to grow.

Spinal Cord Injury Service – Occupational Therapy

We recognize that people's needs change due to advancing age and medical complications. Meeting those changing needs often requires additional training and equipment. This is accomplished with ongoing inpatient, outpatient or home evaluations.

Please contact us with your questions or concerns

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