



My name is Matt Luitjohan. I am a Recreational Therapist certified by the National Council for Therapeutic Recreation Certification. I graduated with a B.S. in Recreational Therapy from Western Illinois University in 2003 followed by a 3 month internship at the St. Louis VAMC Rehabilitation Service. I have worked at the St. Louis VA Spinal Cord Injury (SCI) Service since 2003.

My work experience includes Aquatic Therapy, Leisure Education, Community Reintegration, and Stress Management. I have worked with veterans and non-veterans in a hospice, nursing home, and now full-time at the SCI Service. I have assisted individuals with substance abuse problems, multiple sclerosis, psychiatric disorders, head injury, and stroke.

At the Spinal Cord Injury Service, I focus on physical, cognitive, and overall emotional wellbeing, leisure education, aquatic/water therapy, special events, the adapted sports program, and coordinating volunteers. Recently I got involved in our Pain Management Program.

I can be reached in my office (2S19) or at 314-652-4100 or 800-228-5459, ext. 6-6602.