

Name: John Schmeink

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Education: Bachelor's of Science in Recreation Administration with an option in Therapeutic Recreation and a Psychology Minor from Eastern Illinois University, August 1999.

CTRS #: 45957

Population you work with at the STL VAMC: I work with the out patients in the VA fitness Center. I worked in the Domiciliary for 2.5 years prior to the gym.

Pet Projects:

Boots on the Green:

www.youtube.com/watch?v=FjpELGccEca

Golden Age Games:

<http://www.va.gov/opa/speceven/gag/index.asp>

Sweat with the Vets:

<http://www.stlouis.va.gov/news/sweatwiththetvets2010.pdf>

Employee Wellness Initiative (Gold's Gym):

[\[louis.med.va.gov/employee_wellness/STLVA_WELLNESSINITIATIVE\]\(http://vaww.st-louis.med.va.gov/employee_wellness/STLVA_WELLNESSINITIATIVE_GoldsGym.pdf\)**](http://vaww.st-</u></p></div><div data-bbox=)**

[GoldsGym.pdf](http://vaww.st-louis.med.va.gov/employee_wellness/STLVA_WELLNESSINITIATIVE_GoldsGym.pdf)

STL MOVE Committee:

<http://www.move.va.gov/>

Philosophy on Therapeutic Recreation:

To restore traditional functioning using untraditional modalities. We help people to restore and retain the ability to be healthy and have fun. We help to make people better by believing in their potential, and using that to their advantage. Therapeutic Recreation is utilizing skills and techniques unique to our profession, displaying progress, and reaching desired outcomes.