

Gym/Pool Hours

Gym Hours:

GYM DOORS ONLY OPEN DURING THESE HOURS

Monday through Friday: 07:30 to 10:30

Monday Only: 19:30 to 20:30

Tuesday and Thursday: 18:00 to 20:30

Saturday: 14:00 to 16:30



STARTING 10/3/11 THERE WILL BE NO MORE AFTERNOON HOURS

Pool Hours:

Mon, Wed, Thur, and Friday: 08:00 to 10:00

Tuesday and Thursday: 14:30 to 15:30

Saturday: 13:00 to 14:00



Yoga: On the Theater Stage with Tera Joplin

Monday and Wednesday from 07:00 to 08:30

If you have any questions whether or not the pool or gym is open please call **314-894-6644.**

If there is any lightning in the area we will have to close the pool. We will not get back into the pool until 30 minutes after the last lightning.

If the heat index is over 90 degrees we will close the facilities.

Thank You,

Recreation Therapy