

**Name: Herman Lugge**

**Contact Address: St. Louis VA Medical Center  
Recreation Therapy 117/JB  
1 Jefferson Barracks Dr.  
St. Louis Mo., 63125**



**Phone # with Extension: 314-894-6644**

**Email Address with VA: [Herman.Lugge@Va.Gov](mailto:Herman.Lugge@Va.Gov)**

**Education: BS Park & Community Recreation from Southern Illinois University @ Carbondale.**

**CTRS #: 022825**

**Population you work with at the STL VAMC: Supervisor, Recreation Therapy Dept., CTRS working with Substance Abuse population.**

**Pet Projects: Co Chairman "Freedom River Walk", "Committee Member Boots On The Green Golf Tournament", Committee member St. Louis Local Golden Age Games and Golf Clinic instructor.**

**Willing to host an intern: Yes**

**Philosophy on Therapeutic Recreation: Leisure services to rehabilitate, educate, facilitate self direction and improve quality of life. "You learn everything about a person when you watch him/her play".**